

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

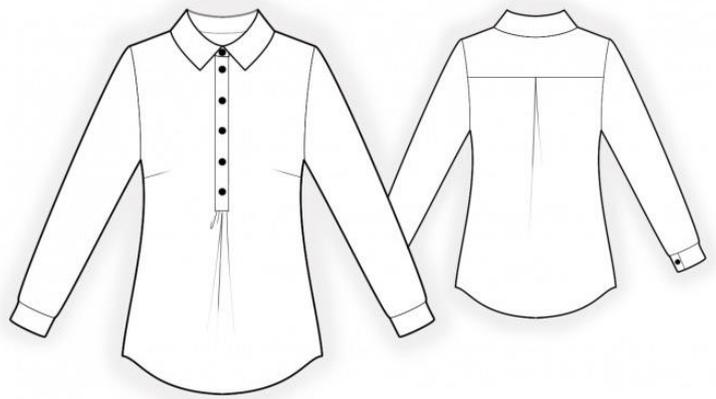
**Important!** Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

## 2186 Blouse with central placket

Recommendations on fabric: thick natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 8 buttons.



### CUTTING:

The word, "beam" used on some patterns means "straight of grain". Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

### Main fabric:

1. Back yoke - cut 1 on fold
2. Back - cut 1 on fold
3. Front – cut 1 on fold
4. Placket – cut 2
5. Collar - cut 2
6. Stand collar - cut 2
7. Sleeve - cut 2
8. Cuff - cut 2

### Fusible interfacing:

1. Placket – cut 2
2. Collar - cut 1
3. Stand collar - cut 1

#### 4. Cuff – cut 2

### INSTRUCTIONS:

1. Apply fusible interfacing.
  2. Make and baste a box pleat on the upper edge of Back. Sew yoke to back, press towards top and serge.
  3. Sew front darts, press bulk towards top.
  4. Sew a gathering stitch along the short horizontal edge on Front and gather fullness. Press plackets in half lengthwise right side out. Make buttonholes on right placket. Sew plackets to right side of front along longer edge, stop at 1 cm from the bottom. Clip into seam allowance on front, leaving 1 mm to the stitch line. Thread the ends of plackets inside and sew, fastening the lower edge. Serge.
  5. Sew shoulder and side seams, press seams towards back and serge.
  6. Pin together collars right sides together sew collar ends and collar fall. Trim away corners, turn collar right side out, straighten, press. Pin together parts of stand collar, right sides together and sew along the outer edge, inserting collar. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Trim seam allowances, stand collar turn right side out and press.
  7. Sew outer stand collar with collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.
  8. Sew sleeve edges separately. Sew sleeve seam from the mark upwards, press seam apart. Sew a fastening stitch along the slit at 0.1 cm from the edge. Sew sleeves into armholes, serge and press.
  9. Fold cuff in half lengthwise, right sides together and sew side seams. Turn the piece right side out, press. Sew outer side of cuff to sleeve, fold inside the seam allowance of inner cuff and stitch-in-the ditch into seam of outer cuff.
  10. Serge lower edge of garment, press onto wrong side and topstitch.
  11. Make buttonholes and sew on buttons on stand collar and cuffs. Sew on buttons on left front.
- Congratulations, your blouse is ready! :)